

Community Healthcare Partners (CHP) Clinical Practice Guidelines (CPG)

Version 2023

Updated 5.2024

Clinical Practice Guidelines (CPGs) by CHP and are the foundation for care navigation and quality improvement activities. These guidelines are rooted in established evidence-based standards of care, endorsed by clinical professional organizations and national quality improvement organizations. These guidelines reviewed regularly and updated when new significant findings or major advancements in evidence-based practices or standards of care are established. These guidelines have been reviewed and approved by the CHP Quality Committee.

The Clinical Practice Guidelines (CPGs) as general guidelines and are not intended to substitute for clinical judgment in individual cases. Providers are encouraged to make decisions based on their own judgement and in consultation with the most current evidence-based information available.

1. General Adult Preventative Screening
2. Asthma
3. Chronic Obstructive Pulmonary Disease
4. Primary Prevention of Cardiovascular Disease
5. Diabetes
6. Heart Failure
7. Hypertension
8. Antibiotic Prescribing and Use

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1. General Adult Preventative Screening

A. Blood Pressure

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/hypertension-in-adults-screening>

- Screening for high blood pressure in adults age 18 and older

B. Type 2 Diabetes

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-for-prediabetes-and-type-2-diabetes>

- Annual fasting plasma glucose or A1C screening for abnormal blood glucose in adults aged 35 to 70 who are overweight or obese

C. Colorectal Cancer

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/colorectal-cancer-screening>

Screen starting at age 45 and continuing until age 75. The risks and benefits of different screening methods vary. Screening options:

- Fecal occult blood test (FOBT) every 12 months
- Flexible sigmoidoscopy every 5 years
- Colonoscopy every 10 years
- FIT-DNA every 3 years
- CT Colonography every 5 years

D. Depression

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-adults-screening>

- Screening to be performed when staff-assisted depression care supports are in place to assure accurate diagnosis, effective treatment, and follow-up

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E. Breast Cancer

[Recommendation: Breast Cancer: Screening | United States Preventive Services Taskforce \(uspreventiveservicestaskforce.org\)](https://www.uspreventiveservicestaskforce.org)

- Mammograms to be provided biennial for women aged 40-74

F. Cervical Cancer

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening>

- Women aged 21 to 29 years screening for cervical cancer every 3 years with cervical cytology alone
- Women aged 30 to 65 years, screening every 3 years with cervical cytology alone, every 5 years with high-risk human papillomavirus (hrHPV) testing alone, or every 5 years with hrHPV testing in combination with cytology (contesting)

G. Chlamydia

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/chlamydia-and-gonorrhea-screening>

- Screening for chlamydia in all sexually active women 24 years or younger and in women 25 years or older who are at increased risk for infection.

2. Asthma

Global Initiative for Asthma. (2022). GLOBAL STRATEGY FOR ASTHMA MANAGEMENT AND PREVENTION Updated 2022. <https://ginasthma.org/wp-content/uploads/2022/07/GINA-Main-Report-2022-FINAL-22-07-01-WMS.pdf>

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3. Chronic Obstructive Pulmonary Disease

2023 GOLD Report. (n.d.). Global Initiative for Chronic Obstructive Lung Disease - GOLD.

<https://goldcopd.org/2023-gold-report-2/>

4. Primary Prevention of Cardiovascular Disease

Arnett, D. K., Blumenthal, R. S., Albert, M. A., Buroker, A. B., Goldberger, Z. D., Hahn, E. J., ... & Ziaieian, B. (2019). 2019 ACC/AHA guideline on the primary prevention of cardiovascular disease: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*, *140*(11), e596-e646.

https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000678?fbclid=IwAR3RpZ1B_1zChgTNFOq_SfJjTMiUhgU8dozIW35D7BwCNkzXL9kqoiQ30s4%20https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000678?fbclid=IwAR3RpZ1B_1zChgTNFOq_SfJjTMiUhgU8dozIW35D7BwCNkzXL9kqoiQ30s4

5. Diabetes

American Diabetes Association; *Standards of Medical Care in Diabetes—2022* Abridged for Primary Care Providers. *Clin Diabetes* 1 January 2022; 40 (1): 10-38. <https://doi.org/10.2337/cd22-as01>

<https://diabetesjournals.org/clinical/article/40/1/10/139035/Standards-of-Medical-Care-in-Diabetes-2022>

6. Heart Failure

Heidenreich, P. A., Bozkurt, B., Aguilar, D., Allen, L. A., Byun, J. J., Colvin, M. M., Deswal, A., Drazner, M. H., Dunlay, S. M., Evers, L. R., Fang, J. C., Fedson, S. E., Fonarow, G. C., Hayek, S. S., Hernandez, A. F., Khazanie, P., Kittleson, M. M., Lee, C. S., Link, M. S., & Milano, C. A. (2022). 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*, *145*(18). <https://doi.org/10.1161/cir.0000000000001063>

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<https://www.ahajournals.org/doi/10.1161/CIR.0000000000001063>

7. Hypertension

Whelton P, Carey R, Aronow W, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults. J Am Coll Cardiol. 2018 May, 71 (19) e127–e248.

<https://doi.org/10.1016/j.jacc.2017.11.006>

8. Antibiotic Prescribing and Use

Treatment for Common Illnesses | Antibiotic Use | CDC. (n.d.). <https://www.cdc.gov/antibiotic-use/common-illnesses.html>

<https://www.cdc.gov/antibiotic-use/common-illnesses.html>

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Appendix

Guideline	Quality Measurement
General Adult Preventative Screening	Colorectal Cancer Screening (COL), Payer Audit, Breast Cancer Screening (BCS), Cervical Cancer Screening (CCS), Chlamydia Screening in Women (CHL)
Asthma	Asthma Medication Ratio (AMR)
Chronic Obstructive Pulmonary Disease	All-Cause Readmissions (PCR), Transitions of Care (TRC)
Primary Prevention of Cardiovascular Disease	Statin Therapy for Patients with Cardiovascular Disease (SPC), Statin Therapy for Patients with Diabetes (SPD)
Diabetes	Comprehensive Diabetes Care (CDC)
Heart Failure	All-Cause Readmissions (PCR), Transitions of Care (TRC)
Hypertension	Controlling High Blood Pressure (CBP)
Antibiotic Prescribing and Use	Avoidance of Antibiotic Treatment for Acute Bronchitis/ Bronchiolitis (AAB), Appropriate Testing for Pharyngitis (CWP), Appropriate Treatment for Upper Respiratory Infection (URI)

Approved

-Community Healthcare Partners Quality/HIT Committee 03/16/2023

-Community Healthcare Partners Board of Directors 03/23/2023

-Breast Cancer Screening Update: Community Healthcare Partners Quality/HIT Committee 05/16/2024

-Breast Cancer Screening Update: Community Healthcare Partners Board of Directors 05/23/2024